



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>Elder &amp; Disability Law Advocates</b>            • Guardianships            • Estate &amp; Medicaid Planning            Medicaid Benefit Applications            Worcester  <b>(508) 755-6525</b></p>	<p><b>1 Trip: Greendale Mall</b>            10-12 Independent Artists            1pm: Reiki            2pm: Chi Gong    <i>Macaroni &amp; Cheese</i></p>	<p><b>2</b>            11:00 Yoga            11-noon: Bridge Lessons            12:30 Bridge/1-3:00 Whist            1-2:00,2:15-3:15 Pilates    <i>Chicken L'Orange</i></p>	<p><b>3</b>            9:00 Men's Club              10:45 Watercolor            11:00 Music with Kitty            1:00 Pitch    <i>Baked Fish</i></p>	<p><b>4</b>            9:30 Writer's Workshop            10:00 Cribbage  <i>Noon: Firemen's Picnic and Educational Program</i>            1:00-3:00 Busy Hands  <i>Roast Turkey</i>  <i>(Meals On Wheels only)</i></p>
<p><b>7</b>            9:30 Piecemakers            11:00 SSC Club            11:30 Whist            12:30 Bridge    <i>Honey Mustard Chicken</i></p>	<p><b>8 Trip: Spag's</b>            10-12 Independent Artists  <i>10am Spinal Screening</i>  <i>12:30pm: What Is Reiki?</i>  <i>1pm Hearing Screening</i>            1pm: Reiki            2pm: Chi Gong    <i>Vegetable Cheese Bake</i></p>	<p><b>9</b>  <i>10:00 COA Board Meeting</i>            11-noon: Bridge Lessons            11:00 Yoga            12:30 Bridge/1-3:00 Whist            1-2:00,2:15-3:15 Pilates    <i>Beefy Ziti Bake</i></p>	<p><b>10</b>            9:00 Men's Club            10:45 Watercolor            11:00 Music with Kitty            1:00 Pitch  <i>5:30 Community Dinner (at High School)</i>    <i>Liver &amp; Onions</i></p>	<p><b>11</b> 9:30 Writer's Wkshp            10:00 Cribbage    <i>10am: Better Endings Talk</i>            1:00-3:00 Busy Hands  <i>1pm: Assisted Technology Talk</i>    <i>Cheese Ravioli</i></p>
<p><b>14</b>            9:30 Piecemakers            11:00 SSC Club            11:30 Whist            12:30 Bridge    <i>Stuffed Peppers</i></p>	<p><b>15 Trip: Solomon Pond</b>            10am Independent Artists  <i>10am: SHINE Talk</i>  <i>12:30pm: What Is Chi Gong?</i>  <i>11:30am: Friends of the SSC, Inc. (Indian Meadows)</i>            1pm: Reiki, 2pm: Chi Gong    <i>Teriyaki Chicken Salads</i></p>	<p><b>16 10-12 Free Legal Clinic</b>            11:00 Yoga            11-noon: Bridge Lessons            12:30 Bridge/1-3:00 Whist  <i>11amB.Pressure Screening</i>            1-2:00, 2:15-3:15 Pilates    <i>Swedish Meatballs</i></p>	<p><b>17</b>            9:00 Men's Club              10:45 Watercolor            11:00 Music with Kitty            1:00 Pitch    <i>Roast Pork</i></p>	<p><b>18 9:00 Rep. Polito Office Hrs</b>            9:30 Writer's Workshop            10:00 Cribbage  <i>10am: Bocce Dedication</i>  <i>11:30am: Lunch and Movie</i>            1:00-3:00 Busy Hands    <i>Fish Victor</i></p>
<p><b>21</b>            9:30 Piecemakers            11:00 SSC Club            11:30 Whist            12:30 Bridge    <i>Chicken Chow Mein</i></p>	<p><b>22 Trip: Target</b>            10am Independent Artists  <i>12:30pm: What Is Meditation?</i>            1pm: Reiki            2pm: Chi Gong  <i>1pm: Hat Making Workshop</i>    <i>Meatloaf</i></p>	<p><b>23</b>            11:00 Yoga            11-noon: Bridge Lessons            12:30 Bridge/1-3:00 Whist            1-2:00, 2:15-3:15 Pilates    <i>Roast Turkey</i></p>	<p><b>24</b>            9:00 Men's Club            11:00 Music with Kitty            1:00 Pitch    <i>2-8pm Red Cross Blood Drive</i>    <i>Hot Dog/Roll</i></p>	<p><b>25</b>  <i>9am Newsletter Mailing</i>            9:30: Writers Workshop            10:00 Cribbage              1-3 Busy Hands    <i>Baked Chicken</i></p>
<p><b>28</b>            9:30 Piecemakers            11:00 SSC Club            11:30 Whist            12:30 Bridge    <i>Fish Filet with stuffing</i></p>	<p><b>29 Trip: Auburn Mall</b>            10am Independent Artists            1pm: Reiki            2pm: Chi Gong    <i>1:30pm: AARP Meeting</i>    <i>Veal Parmesan</i></p>	<p><b>30</b>            11:00 Yoga            11-noon: Bridge Lessons            12:30 Bridge/1-3:00 Whist            1-2:00, 2:15-3:15 Pilates    <i>Chicken Picatta</i></p>	<p><b>All special monthly activities, meetings and screenings appear in italics on the Calendar:</b> Please call the Senior Center at 841-8640 to register for or learn about an activity, screening or clinic. The entrée at the Village Café is listed each day. Please call the Café Office at 508-841-8757 the business morning before to reserve your seat.</p>	